

# HAS LETHARGIC INERTIA GOT YOU

ALL winter long we have heard persons complain of having "that tired feeling" and we have had it, too. Then, about the time everyone is recovering and forgetting about it, along comes a similar but more devastating epidemic — Spring Fever. It's very prevalent right now.

What are these strange maladies? In particular, what is this Spring Fever that is hitting us so hard? And how can it be cured? Much has been said about this illness. We all know the symptoms. Everyone knows what it is to come down to work in the morning all teeming with zip and zim, anticipating a day of large accomplishment, only to get his chin cupped in his hand and a far away look in his eyes about the middle of the morning. If we go to literature for our answer, we find little. Authors seem to have ignored it. Perhaps it is because writers are permanently afflicted with these diseases. Tennyson skirted its edges when he said, "In the spring a young man's fancy lightly turns to thoughts of love." This may account for some of the season's distraction, but it is only a drop in the proverbial bucket.

Undaunted by the hopelessness of the task, we cast about to see if we could add to the total of general knowledge on this disease. We did it just because we wanted to help our suffering fellows and just because we wanted to further the interests of science. We had no other motive. Of course if they want to give us the Nobel prize or what ever prize it is that is worth twenty-five hundred "bucks" for the greatest scientific achievement during the year, it will be all right.

We decided that if we were going in for scientific research on the subject, the thing to do would be to go to

## Spring's Famous Disease May Catch You Unless Dr. Work's Preventative Is Used

a scientific man, and that is what we did—to no less important personage in the realm of medical science than Dr. R. A. Woolsey, chief surgeon of Frisco Lines.

"Well, Doc," we queried, "what's

notice how badly the Fever's affecting us. "These diseases," he continued, "that tired feeling and the Spring Fever, are not much alike, in fact, they are but a state of acute chronic lethargic inertia, and they are similar in symptoms to another disease that its name can almost be applied to them. This is hypochondriasis."

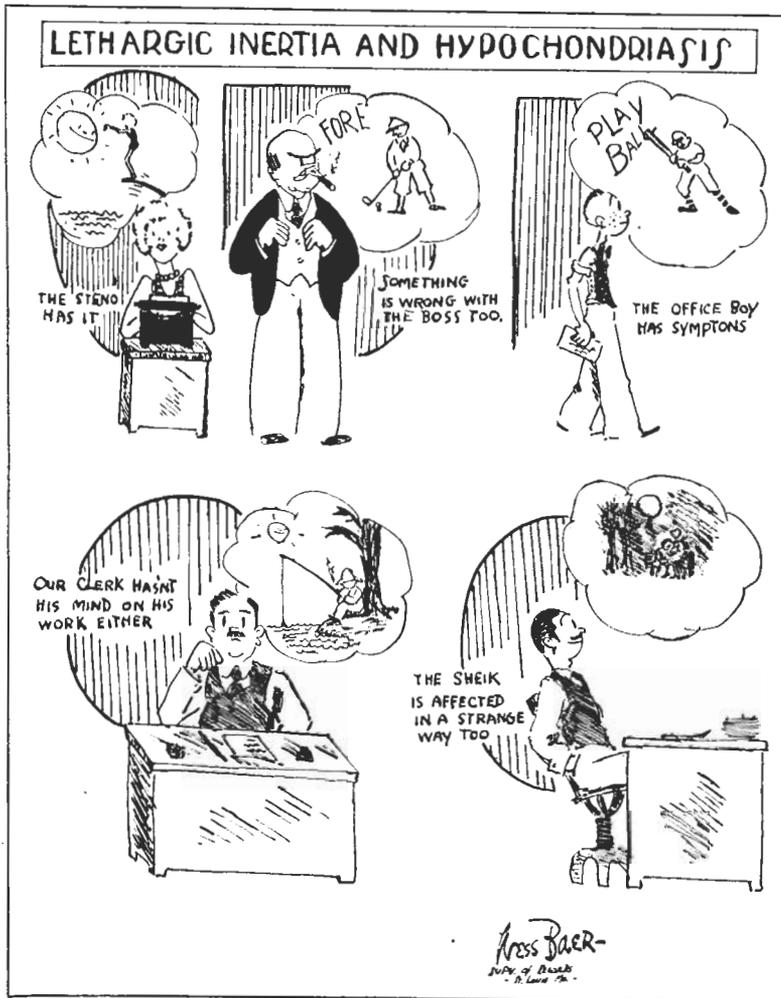
Some one called the doctor and our interview was terminated. But it was very satisfactory. We

getting this thing on a scientific basis a little more respect and we'd have to acute chronic lethargic inertia (we'd call that now) whipped. But a thought suddenly struck us. We'd better get to ask the doctor how to cure it and by the way, what is this acute chronic lethargic inertia and hypochondriasis mean anyhow. Well, we look them up in a dictionary. We had to use a medical dictionary before we found all of them, but we got 'em all right, and guess what they meant. Well, sir, after we had looked up all of this acute lethargic inertia and put the meanings together we couldn't figure out that it meant a thing but just plain everyday laziness. And hypochondriasis? We found that when a person has this, he is not sick at all, he just imagines he's sick or is just trying to be sick. You've seen these people who are always trying to find something wrong

with themselves. That's what they've got. We thought it over for a while and suddenly decided that maybe the doctor had been kidding us after all, so we rushed right out to see him again and accused him.

"No, I wasn't kidding you," he claimed, "they are bad diseases. They've hurt a lot of people. But they are curable. Do you know how

(Now turn to page 15, please)



the dope on this "tired feeling" and Spring Fever business?" "Are they real diseases?" "How do you cure 'em?" "What gives them to you?"

"Wait a minute," the Doc parried, "give a fellow a chance. Sure they are real diseases—bad ones." With our severe case of Spring Fever, we began to expect him to tell a nurse to run get us a nightie and get ready for an operation, but evidently he didn't

# RAILROAD SUNDAY SCHOOL AT ENID

THE "boys" held Railroad Sunday School in Enid, Okla., on the morning of March 30, and the gospel of good track, good fences and proper drainage was expounded by division engineers, roadmasters, assistant superintendents, bridge and section foremen. It was one of the largest section foremen's meetings to be held on Frisco Lines, and the coach which was placed near the station could not accommodate the crowd until several chairs were placed in the aisle.

It was the sort of gospel meeting where everybody gets up and tells his experiences — where the preacher seems to be quizzing them on the previous lessons which they learned, and finding out if there were any backsliders not living up to instructions.

Each man had the feeling at some time or other that the preacher had him in mind when he gave his various illustrations.

And this railroad Sunday School was an open and frank discussion on the backsliders of the book of rules — the penalty for carelessness — the results of a bad foundation on which to build our work.

"Parson" S. Payson, roadmaster at Enid, Okla., faced his congregation and started out by telling them where they had fallen down—where they had

## Section Men Meet Sunday, March 30, for Discussion of Track Conditions

erred in not living up to the book of rules and that if they would repent in time—all would be forgiven. It wasn't that these section foremen had laid down on the job. It was merely to

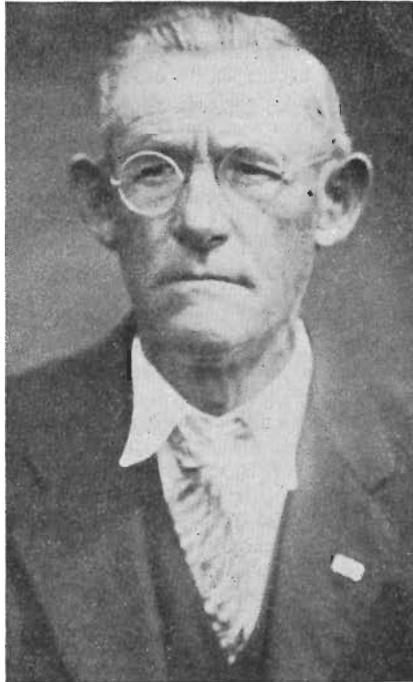
spur them on to greater efforts than they had ever exerted before. An officer on a recent inspection tour of the Western division spoke favorably of the track conditions which he found there, but these Western division foremen have a particularly difficult job, due to mud squeezes and other conditions peculiar to that division.

Briefly, Mr. Payson outlined the various subjects. He preached good right-of-way fences, the hazard of working with bad order tools, and other subjects such as rail laying, accident prevention, heeling spikes down and tightening bolts, putting in missing plates, mud squeezes and finally urged that each foreman plant a flower garden.

Mr. A. L. Fisher, division engineer arose to the occasion. He might be considered an "Elder" at the meeting, for he checks up on the members of his Railroad Sunday School by trips over the Western division every sixty days. He emphasized the fact that more time should be spent in dressing up the track and right-of-way, lining ballast, cleaning ballast from the ties, etc.

T. F. Jones and W. N. Patterson, "Deacons" and roadmasters, both stressed the need for a uniform job of work and elimination of personal

*(Now turn to page 23, please)*



P. M. BELL

Section Foreman P. M. Bell of Carman, Okla., was the oldest in point of service at the meeting (right).

*(Below) A view of the members who attended Enid's Railroad Sunday School, March 30.*



# MASONS SPONSOR BOYS' CAMP IN OZARKS

ONE of the most unique of country clubs is located on Frisco Lines, 22 miles north of Fort Smith, Ark. It is owned by the Masonic bodies of Fort Smith, and was completed recently at a cost of \$40,000. Situated on a high bluff overlooking the Arkansas lines of the Frisco, the views commanded from the club house verandas are among the most beautiful in the entire Ozark country. The club house itself is constructed of native rock and has all modern equipment including electric lights and running water.

Amrita Grotto of Fort Smith, one of the prime movers in the club, has had the Frisco railroad flag stop at the foot of the bluff named "Amrita" in its honor, and an additional honor was paid this grotto with the announcement recently that a boys' summer camp will be operated this year at the country club, to be known as "Amrita Boys' Camp."

Fifty boys from the Southwestern territory served by Frisco Lines will be given training under the influence and protection of the Grotto membership, and the camp will begin in June and continue for a period of ten weeks. The cost for ten weeks is announced at \$275.00 and for five weeks \$150.00.

Not only will the youthful trainees have a beautiful new club house to live in, they will also have the run of a 120-acre virgin mountain-site camp, with swimming holes in abundance, and hunting and fishing to while away vacation hours.

No boys' camp is complete without a director of athletics, and not many boys will have an opportunity this

## Amrita Grotto of Fort Smith Plans Ten Weeks' Camping at Resort

year to train under the direction of an "All-American" football player. But Amrita's boys will have that opportunity, for the famous Wear Schoonover, Arkansas University "All-American" selection by Grantland Rice, will supervise the training of the boys at the camp during the season to come.

Schoonover's remarkable athletic record ably fits him for such a position. He won letters during his last three college years in football and basketball, and during one year made himself a three-letter man with an "A" in baseball. For three consecutive years he was an All-Conference basketball player with the Razorbacks, and in football he made all-conference on two occasions, as well as placing the "All-American" mythical eleven in his senior year.

Not all of the attention will be given to athletics, however, and a splendid coterie of experts in other lines will also be on the teaching staff. Other members include Col. H. C. Morrison, who will act as dean of the camp; Coach Ben Mayo of the Fort Smith high school, who will serve as lieutenant director; F. Vantrease, scout executive at Fort Smith; Prof. Edgar A. Robinson, conductor of the

*A view of the clubhouse at Amrita Boys' Camp is shown below.*

Amrita Grotto band and orchestra in Fort Smith, and C. F. W. Mans, expert in physical culture, woodcraft, and Indian lore, all of Fort Smith.

Boys from the states of Missouri, Kansas, Oklahoma, Texas, Louisiana, Tennessee, Arkansas and perhaps other states in the Southwest will be gathered together for this character-building course and Frisco employees who are interested in sending their sons to the camp are requested to write Menard David Shepard, Amrita Boys' Camp, Masonic Temple Offices, Fort Smith for full particulars.

## EXTEND BERRY SEASON

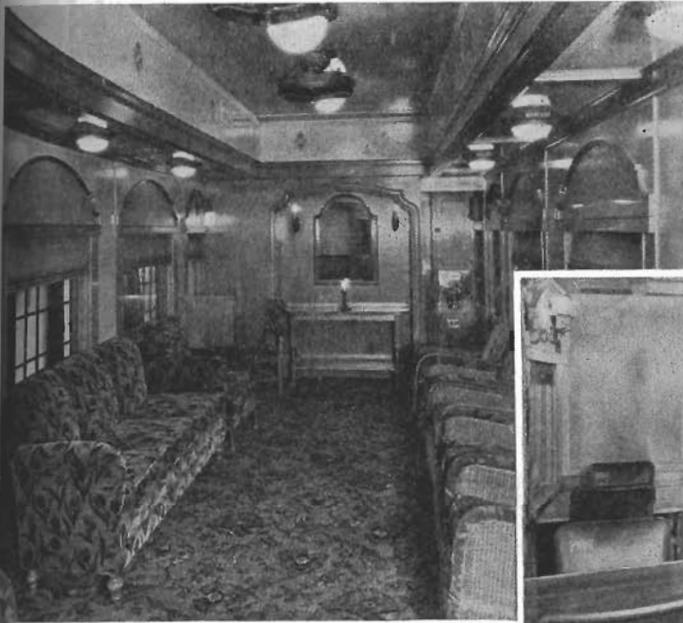
The strawberry season has been extended from the latter part of March until the middle of June, due to the movement of an estimated 100 cars from the Pensacola district. These strawberries moved the latter part of March and will continue into the Ozark season which will start in April.

The 100 cars came from the section around Atmore, Ala., and from a 100 tract of land owned by the Alabama State Prison Farm.

Prospects for a fine crop of berries from the Ozark section are good, according to Mr. W. L. English, supervisor of agriculture, however, there is a great hazard of frost in the early days of April which would bring havoc to the Ozark output. The number of cars which will move from the Ozark section could not be estimated at this time.



## New Dining-Lounge Cars Placed in Service



Above: A picture of the lounge, showing the writing desk, book rack, and beautifully finished interior of this part of the car.



Below: A view of the dining compartment, looking toward the kitchen. Note the Frisco Lines trademark stenciled on each chair.

"COLOR in industry" has become the cry of those up-to-the-minute in their service to the public. Always in the forward van of progress, Frisco Lines announces the recent completion of two new dining-lounge cars, constructed in the West Coach Shop at Springfield, Mo., which embody all of the characteristics of modern design. They are, undoubtedly, among the most beautiful cars of their type now operating on American railways.

Dining-lounge car No. 1801 has been placed in special service. Work on the diner was started on October 11, and the car was turned out of the shop January 15.

The car is 72 feet 6 inches over end walls, and the interior is finished in the Mexican mahogany, with maple leaves stenciled in delicate colors on the walls. The lounge end of the car is furnished beautifully, and the upholstering of the chairs and lounge was done in the upholstering shop of Frisco Lines. The chairs are of different colored velour in pastel shades, and the carpet blends with the upholstering of the furniture. At one end of the lounge end is a huge mirror, a book rack and two berths be-

tween the lounge and dining compartment, which may be used for playing cards in daytime and as lower berths at night for the crew on the car.

The dining compartment will accommodate 18 guests, and the chairs are upholstered in a golden brown leather which harmonize with the walls, and the Frisco Lines trademark, in red and white, appears on the back of each.

The kitchen is the last word in dining car equipment. It is finished in Ascoloy Stainless Steel, which is easy to keep clean and sanitary. The refrigerators are all lined and a tank of water in the car provides ice cold drinking water continually.

The estimated value of the car is \$60,000.

Car 1804 is being constructed along the same lines, and it is expected that it will be ready for use by March 15.

Previous to the rebuilding of these two diners, a car of the 600 series, No. 636, was rebuilt which operates in trains 9-10, 1-2. Diners 637 and 639 are now in the shop undergoing repairs and rebuilding and will be placed in trains 1-2, 9-10 when completed.

The 1801 made its first trip with

the special train of the Kansas City Life Insurance Company to Florida and the car created a sensation among the patrons. Following their arrival in Hollywood, Fla., they wrote officials of the Frisco, praising both the service and the beauty of the new diner-lounge car.

### THESE FRISCO TOWNS

L. S. Boney of Joplin, Mo., invites you to solve these jumble-lettered names of Frisco towns. See page 15 for correct answers.

N-I-R-G-D-L-F-E-I-P-S  
 A-W-C-I-I-H-T  
 C-A-T-N-A-S-I-K-S-Y  
 N-I-P-L-J-O  
 M-E-A-T-N-O-B-U  
 P-I-E-M-H-S-M  
 M-M-G-N-I-R-I-B-H-A  
 G-I-P-T-U-B-S-T-R  
 A-N-E-L-A-G  
 T-O-M-E-T-N  
 R-Y-E-L-A-V-E-H-C-R  
 A-D-E-E-O-H-S-N  
 S-L-A-U-T  
 T-Y-K-H-A-O-A-O-C-I-L-M  
 P-A-P-A-L-U-S  
 S-C-O-O-T-R-T-F-T  
 R-A-G-I-D-R  
 H-A-T-R-E-G-A-C

# NEWS of the FRISCO CLUBS

## Tulsa, Okla.

THE enjoyable entertainment and dance of the Tulsa Frisco Employees' Club, held March 21, was prefaced by a brief, effective business session. More than 150 were present.

The business session began with a report on tips and business secured. Between thirty and forty cars of tank steel from Beaumont, Texas, had been obtained through the efforts of H. J. Dailey, yardmaster, it was reported, and a 5,700-pound L. C. L. shipment of automobile tires to Dallas, Texas, was accredited to the work of G. R. Warren, also a yardmaster. Several letters in regard to business and prospective business were read.

A communication from the department of publicity, in regard to the formation of a baseball league, was brought up, but because of limited time, was not discussed. A committee was appointed, however, to go into this matter. The following comprised it: Mike Saxton, chairman, M. Lonagan, Weaver Bennett, John White and Bert Martin.

Little Miss Davidson began the entertainment that followed with two humorous readings. Mr. Wrinkle sang "Friscoland", Mrs. Wrinkle accompanying him at the piano. Two tap dances by Miss Betty Sue Slosser concluded the program. Dancing began at 9 o'clock, the Tulsa T-Towners, a seven-piece orchestra, furnished the music.

## Oklahoma City, Okla.

"Some in rags, some in tags and some in velvet gowns," bespeaks the array of the 300 club members and guests at the business and social meeting of the Frisco Employees' Club of Oklahoma City, held March 20.

The gaiety of costumes added much to the merriment of the crowd. Mingling about on the floor at this masquerade party were colonial dames,

farmers and farmerettes, seniors and senioritas, Jiggs, Red Riding Hood and the Wolf, Sambo and his blushing bride, Sir Harry Lauder, a sailor, gypsies, a vamp, and pioneers from the early "80's". The prize for the lady with the best costume was won by Mrs. Ward, wife of J. E. Ward, switchman. She wore an attractive Spanish costume. The men's prize was won by C. A. Moody, conductor, who was

have learned from past experience that when the Frisco Employees' Club there announces a dance, a very festive and enjoyable occasion follows, so when announcement was made that the club was giving a dance on March 5, more than two hundred employees attended with their families and friends, and the evening of entertainment they were given fulfilled their most extravagant expectations.

Dancing began at nine o'clock to the rhythmic rendition of popular dance tunes by Art Frazier's Orchestra and lasted until midnight. The following out-of-town officials were in attendance: M. M. Sisson, assistant general manager; J. H. Doggrell, superintendent of transportation, and J. L. McCormack, superintendent of freight loss and damage claims.

## Men's Club Springfield, Mo.

The question box, which was put into use by the Frisco Men's Club of Springfield, Mo., recently yielded some very interesting and pertinent topics for discussion at the meeting of the club held March 25.

At a previous meeting, in which it was decided to have a

question box, members were instructed to make note of the matters which they wished discussed and to drop their notes into the box during the month. Among the topics discussed in response to requests from the box were: The best arguments to use in getting business from motor transportation to Frisco Lines, the results of the club's work during the past two years, what constitutes a traffic tip, the relation of the company and a business that has leased a site on the railroad's property.

In addition to this discussion, J. V. Seabough made a brief talk about the proposed Frisco baseball league. It was announced at this meeting that the club



The clever dancing done by the group of children shown above was a headline attraction at the joint meeting of the Joplin Frisco Employees' Club and the Ladies' Auxiliary, held March 13. The girls won heavy applause with a peppy jazz dance, a pirate dance and a number called a "cuckoo waltz". Reading from left to right, the pirate girls are: Jane Fletcher, daughter of Roger Fletcher, machinist; Virginia Fountain, daughter of Osse Fountain, switchman; Gladys Creech, niece of Mr. Fletcher; and Marian Fountain, daughter of Osse Fountain. In the center is Wilma Jean Stevens, daughter of Dewitt A. Stevens, ticket clerk, who gave several interpretive solo dance numbers, which were enthusiastically applauded.

garbed as Sambo. The peppy dance melodies furnished by the Sunset Six Orchestra were another feature that added to the success of the party.

Guests of honor at this meeting were Mrs. Mable Bassett, commissioner of charities for Oklahoma, and Mr. and Mrs. Charles Linthicum. Mr. Linthicum is a member of the Oklahoma Legislature.

The business meeting, which preceded the dance, consisted chiefly of reports on business and tips secured. The next meeting was set for April 30th.

## Birmingham, Ala.

Frisco employees at Birmingham, Ala.,